



BECKY PFAFF, CPD

Professional Philosophy:

Bringing a baby home in the first hours, days and weeks is a very special time, yet can be highly challenging for new parents. My role is helping them transition, to allow recover and rest at their own pace and to help them benefit from my education and experience. Also to ease and enhance the postpartum period, making the time most memorable, restful and an enjoyable experience.

Why I am passionate about my work:

I find my work a complete joy and an honor to come into your home to take care of your newborn(s), educate new moms and help families succeed in raising happy, healthy children in a safe environment. It gives me great pleasure to provide a level of confidence in the parents and to provide calmness to families after I have been there to guide and instruct them with their newborn children. I am very reliable, honest and timely. People see me as a very patient and loving person who would be a great addition to any family.

Education, Training and Experience

- Postpartum daytime and overnight care for newborn twins
- Newborn education and experience provided to parents
- Administered first bottle and aided in sleeping through the night
- Postpartum care for premature triplet newborns
- Special caring for triplets included administering oxygen and medication
- Household manager duties include running errands, light cleaning, shopping, laundry and meal preparation
- CAPPA Certified 2010
- Bonded and Insured
- CPR/1st Aid
- Essentials of Breastfeeding
- Decoding Your Infant
- Sleep Training Class

Professional Memberships:

CAPPA (Childbirth and Postpartum Professional Association)

CDA (Colorado Doula Association)

House Of Doula

Postpartum Support:

Daytime or night time support

Weekday or weekend support

Contact Information:

970-391-8338

becky@afterbabycaredoula.com

www.afterbabycaredoula.com