

Welcome all new and growing families



A little about myself...

My name is Lynn Orlowski and I have a wonderful family with two great kids, ages 6 and 9. I am a Colorado native with all of my family close by. I enjoy painting, reading and spending time with family and friends.

Why I do this work...

I am very passionate about empowering women and families during their postpartum journey. As your doula, I will support your goals and honor your needs without judgment. I take my job seriously and am honored to be a part of families during this special time in their lives.

Services I provide...

Throughout this process, you may experience a range of feelings and emotions from joy and excitement to worry and concern. This is all natural and I will be there for you to calm your fears and help answer any questions with my invaluable knowledge. I will assist you in breastfeeding or bottle feeding, give you assistance in infant massage, bathing, swaddling and give you tips on how to calm a crying baby.

I will also run errands, do chores around the house, and prepare meals for you and your family. I am experienced with multiples and babies with special needs such as preemies and babies with reflux.

Postpartum Care-

Day or Night is \$20-\$24 an hour. The price depends on number of children and other circumstances.

I am a doula in training so I am flexible on my prices and also offer a 10% discount for families who pay in full at time of contract signing.

I look forward to meeting you and serving you family.

Lynn Orlowski